

# NIMNIGHT FITNESS CENTER POLICIES



The Nimnicht Fitness Center is located in the Davis Student Commons and features cardio machines, weight lifting equipment and Group Exercise classes.

## THE NIMNIGHT FITNESS CENTER IS OPEN 7 DAYS A WEEK

MONDAY THROUGH FRIDAY  
**6AM – 10PM**

SATURDAY AND SUNDAY  
**9AM – 10PM**

### BY ENTERING THE NIMNIGHT FITNESS CENTER YOU AGREE TO ABIDE BY THE FOLLOWING POLICIES:

- A workout reservation is required
- JU ID card is required for entry into fitness center
- Wear proper exercise attire (shirts and closed-toe shoes required)
- No food or beverage (except water)
- No personal items should be placed on the gym floor while working out
- Wipe off all equipment before and after use (sanitizing wipes are located throughout the facility)
- Do not drop or slam weights on platforms, floor or machines
- Return equipment and rack weights when finished
- Personal music devices are permitted with use of headphones
- Profanity, offensive or suggestive language, grunting or loud noises will not be tolerated
- Dispose of your trash and clean up after yourself
- Facility staff is not responsible for lost or stolen items
- Some equipment has been removed and some marked as closed to promote proper distancing.
- Restrooms are open, locker rooms are closed until further notice.
- Pay attention to ENTER, EXIT and ARROW signs while moving through the facility.

PLEASE OBSERVE AND RESPECT ALL SOCIAL DISTANCING POLICIES

***Fitness Center staff have the right to remove any individual who violates a policy or exhibits unacceptable behavior or unsportsmanlike conduct.***



FOR QUESTIONS OR ACCOMMODATIONS, PLEASE  
CONTACT **BAMBI BRUNDAGE** at [BCARSON@JU.EDU](mailto:BCARSON@JU.EDU)

